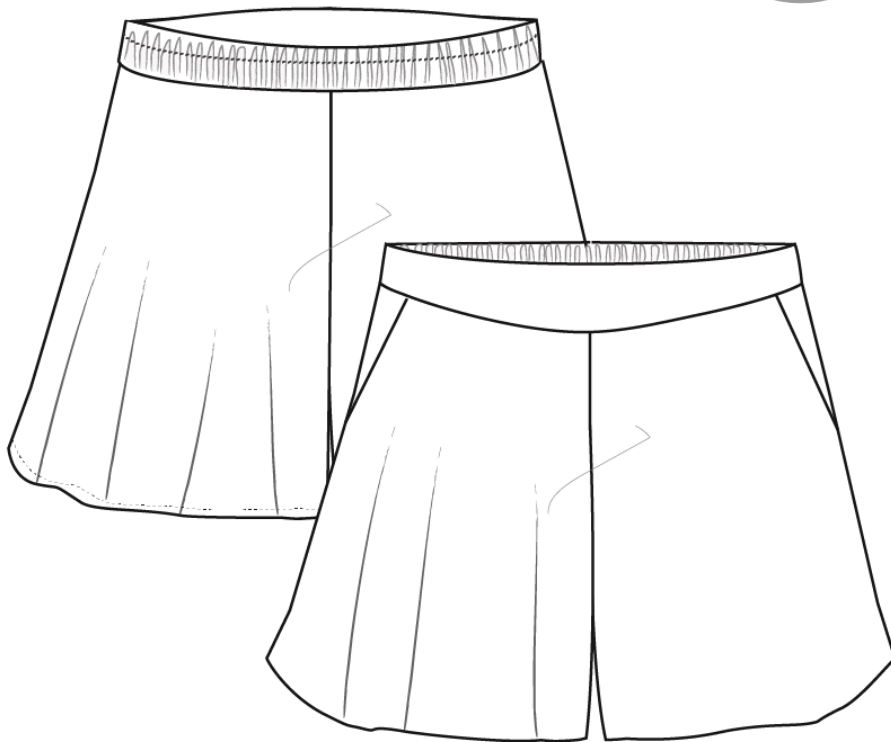


# Peppermint

## *The Skye Shorts*

A free sewing pattern from *Peppermint Magazine*, created in collaboration with:



A super roomy comfortable swing short with flat front and elasticated back waistband.

It's a quick make that will have you twirling around in no time; a fantastic sewing project suitable for beginners who are looking to advance to the next level.



This pattern has been created in partnership with Spoonflower! The world's largest marketplace of independent designs from global artists, Spoonflower is leading the way in custom, sustainable textile printing. Their on-demand process significantly reduces materials, energy and water, with inks that meet Oeko-Tex 100 requirements and fabrics - including a Certified Organic range - that are ethically sourced. Pop over to [spoonflower.com](https://spoonflower.com) for inspiration for your next me-made project!

FOR ALL OUR FREE SEWING PATTERNS HEAD TO [PEPPERMINTMAG.COM/SEWING-SCHOOL](https://peppermintmag.com/sewing-school)

# Peppermint Patterns

## SEWING PATTERN TERMS AND CONDITIONS

**Thank you for downloading this pattern!**  
**Here are a few T&Cs before you get started...**

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#peppermintpatterns #peppermintskyeshorts so we can see your handiwork!

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GET IN TOUCH: **hello@peppermintmag.com**

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# PATTERN INFORMATION

## ABILITY LEVEL

This garment can be sewn in around 1hr 30mins and is suitable for beginners to advanced beginners. It's a great way to start expanding your sewing skills.

## SKILLS

You will learn how to make angled trouser pockets, sew a curved waistband and create a back elasticated waistband.

## STYLE NOTES

This short was inspired by a circle skirt and, therefore, is super flowy and roomy around the legs and hips. The flat-front waistband and elasticated back waistband makes this a smart but comfortable wardrobe staple. Without any complicated fastenings, it's a quick garment to make and to take on and off. Your finished garment will finish above your knee and the waistband will sit near your belly button.

## SUGGESTED FABRICS

Light- to medium-weight woven fabrics with drape such as viscose, cotton sateen, Cupro, rayon, silk and linen blends etc.

## NOTIONS

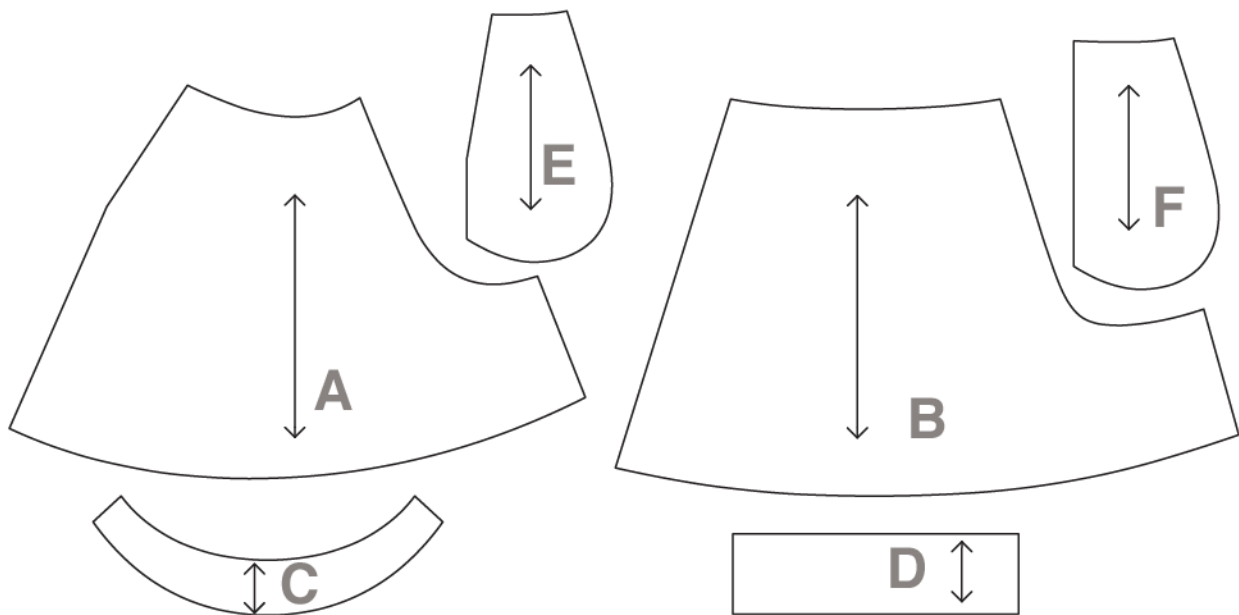
1" / 2.5cm wide elastic enough to go around half your waist measurement.

Lightweight iron on fusing 36" x 10" / 80 cm x 25cm

## TOOLS

The instructions will reference an overlocker/serger for finishing raw edges, however you can use the zigzag stitch on your machine if you wish.

# PATTERN PIECE INVENTORY



**A** – Front Leg, cut a pair

**B** - Back leg, cut a pair

**C** - Front waistband, cut a pair

**D** – Back waistband, cut on fold

**E** - Front pocket bag, cut a pair

**F** - Pocket lay facing, cut a pair AND cut 1 piece from iron on fusing for front waistband only.

## PRINTING YOUR PATTERN

If you would like to only print out your size, open the file with Adobe Acrobat Reader. Go to PDF layers and click on the 'eye icon' for all the sizes you do not want to print. Ensure to keep the 'Annotations' layer visible.

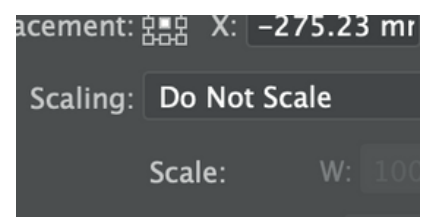
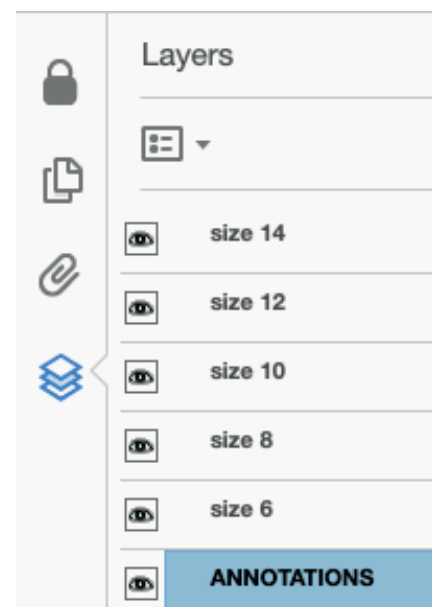
You can also specify this instruction to the copy shop if you are not printing at home.

When printing, ensure the 'Do Not Scale' box is checked.

Before printing the entire pattern, print page 1 to check the scale is printing out correctly.

## NUMBER OF PAGES PER PATTERN

**A0** = 2 pages    **A4** = 24 pages



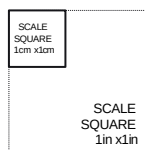
## ASSEMBLING YOUR PATTERN

Your sheets will print from left to right. You will need to stick the sheets together. To make this easier, trim the right hand side and the bottom off every sheet and tape together. Or use the corner folding trick. You can find a video tutorial on piecing together your PDFs at [makewithmandi.com/tutorials-tips](http://makewithmandi.com/tutorials-tips)

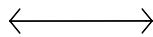


## PATTERN MARKINGS

Each size is colour coded, however if you wish to print in black and white, each of the lines are also made up of a series of unique dots and dashes so you can easily follow your specific size.



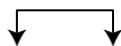
SCALE CHECK



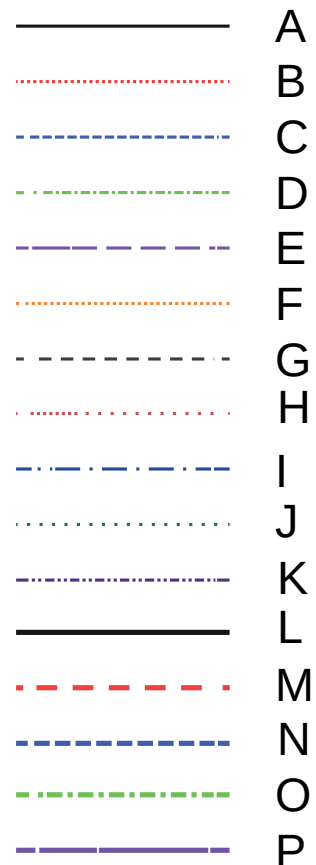
GRAIN LINE



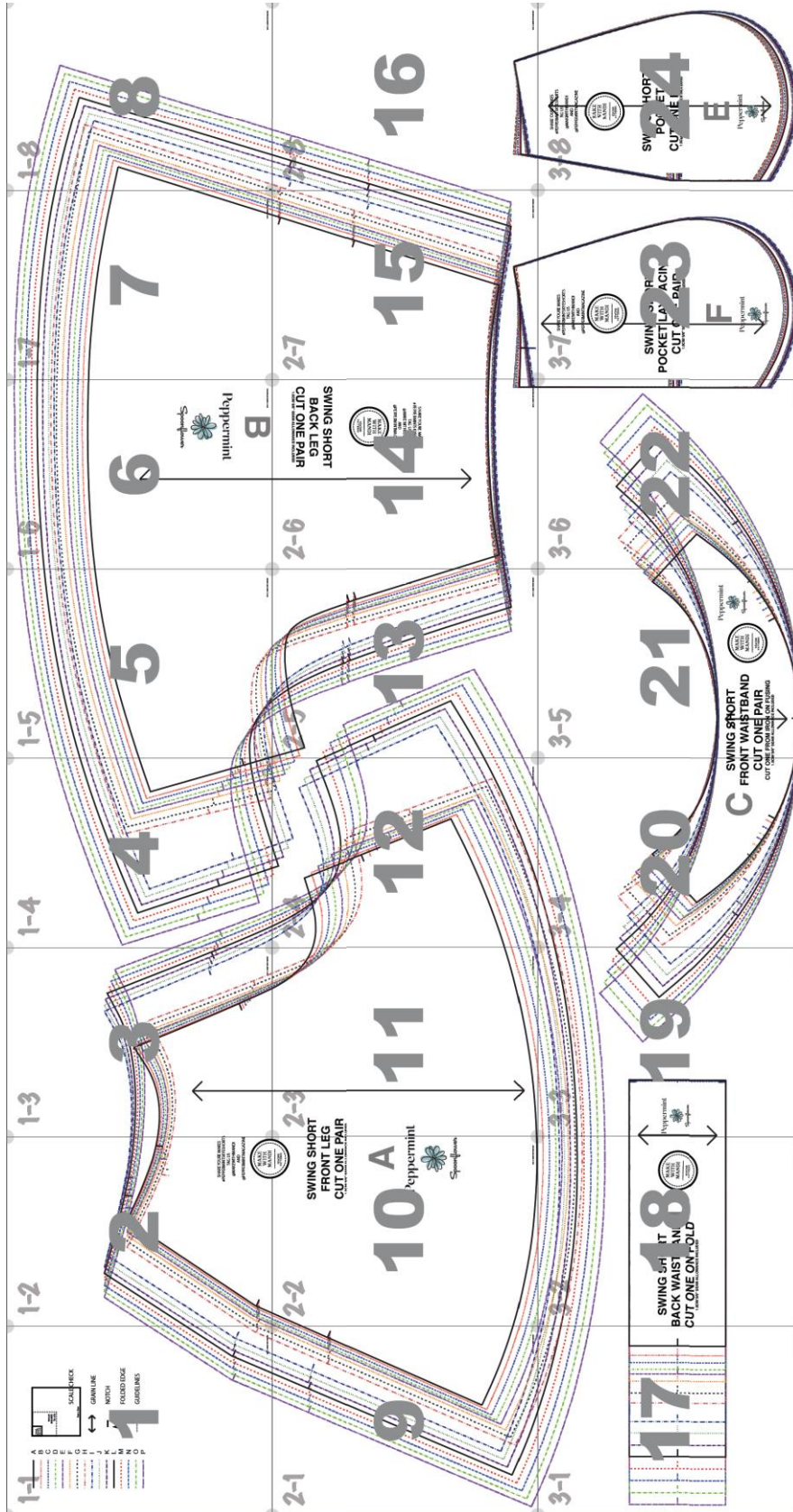
NOTCH



FOLDED EDGE



**PRINT VIEW A4**



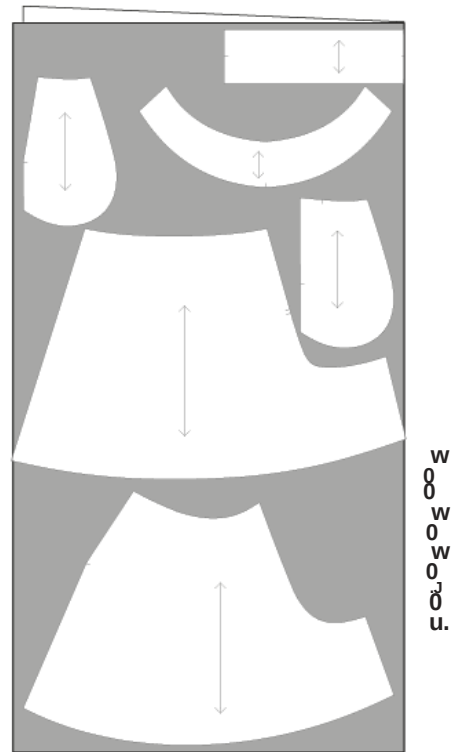
# PATTERN LAV ON FABRIC

Below is a suggested layout for 150cm/59"wide fabric

**SIZES A- H**

These sizes are cut with the fabric on the fold.

Consumption 1.5m / 1.6yds

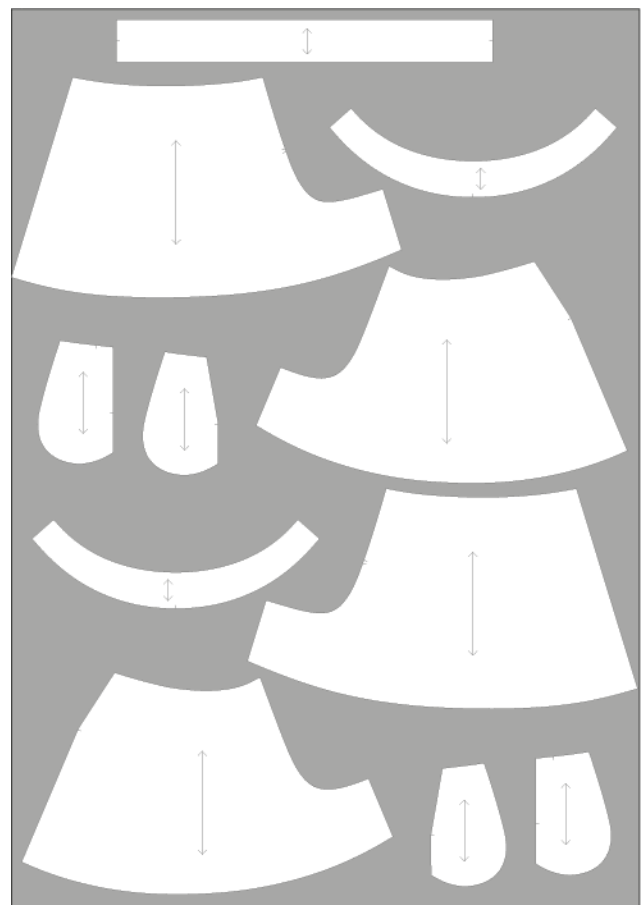


**SIZES I- P**

These sizes will need to be cut on a single layer of fabric.

You will need to mirror the pieces when cutting to ensure you have pairs and create a single pattern piece for the back waist band as it wont be cut on the fold.

Consumption 2.2m / 2-4yds



# SIZING INFORMATION

## PEPPERMINT PATTERN SIZE GUIDE

| SIZE REF | A    | B    | C    | D    | E     | F     | G     | H     |
|----------|------|------|------|------|-------|-------|-------|-------|
| BUST     | 32   | 33   | 34   | 35   | 36    | 37.5  | 39    | 41    |
| BUST CM  | 81cm | 83cm | 86cm | 89cm | 91cm  | 94cm  | 99cm  | 104cm |
| WAIST    | 25   | 26   | 27   | 28   | 29    | 30.5  | 32    | 34    |
| WAIST CM | 64cm | 66cm | 69cm | 72cm | 74cm  | 77cm  | 82cm  | 87cm  |
| HIP      | 35   | 36   | 37   | 38   | 39    | 40.5  | 42    | 44    |
| HIP CM   | 89cm | 93cm | 95cm | 98cm | 100cm | 103cm | 108cm | 113cm |

| SIZE REF | I     | J     | K     | L     | M     | N     | O     | P     |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|
| BUST     | 43    | 45    | 47    | 49    | 51    | 53    | 55    | 57    |
| BUST CM  | 109cm | 114cm | 119cm | 124cm | 129cm | 134cm | 139cm | 144cm |
| WAIST    | 36    | 38    | 40    | 42    | 44    | 46    | 48    | 50    |
| WAIST CM | 92cm  | 97cm  | 102cm | 107cm | 112cm | 117cm | 122cm | 127cm |
| HIP      | 46    | 48    | 50    | 52    | 54    | 56    | 58    | 60    |
| HIP CM   | 118cm | 123cm | 128cm | 133cm | 138cm | 143cm | 148cm | 153cm |

For more information on sizing, visit our [FAQs](#).

## FINISHED GARMENT MEASUREMENT CHART

The most important measurement when choosing your size for this pattern is the hip measurement (2). The measurement in the chart below must be as close a match to the fullest part of your bottom. It can be more than your fullest hip, but should not be much less. The actual hip on this garment is very loose fitting, but you need to be able to pull the shorts on over the widest part of your bottom.

The waist measurement is less important as this garment is elasticated at the back- therefore the waist measurement should only be used as an indication. The garment can be made tighter or looser with the use of elastic.

| MEASUREMENTS (CM) | MEASUREMENT POINT                  | A     | B     | C     | D     | E      | F     | G     | H     |
|-------------------|------------------------------------|-------|-------|-------|-------|--------|-------|-------|-------|
|                   | Waist top edge (relaxed)           | 64    | 66    | 69    | 72    | 74     | 77    | 82    | 87    |
|                   | Hip – along bottom waist band seam | 92    | 95    | 98    | 101   | 103    | 106   | 111   | 116   |
|                   | Total leg opening at hem           | 120   | 122.5 | 124.5 | 127   | 128.75 | 131   | 134.5 | 137.5 |
|                   | Front Rise along curve inc. WB     | 33.5  | 34.25 | 35    | 35.6  | 36.25  | 37    | 37.6  | 38.25 |
|                   | Back Rise along curve inc. WB      | 40.75 | 41.5  | 42    | 42.75 | 43.5   | 44.25 | 45    | 45.75 |
|                   | Side seam length inc. WB           | 41.5  | 42    | 42.5  | 43    | 43.5   | 44    | 44.5  | 45    |

| MEASUREMENTS (CM) | MEASUREMENT POINT                  | I     | J     | K     | L     | M     | N    | O     | P     |
|-------------------|------------------------------------|-------|-------|-------|-------|-------|------|-------|-------|
|                   | Waist top edge (relaxed)           | 92    | 97    | 102   | 107   | 112   | 117  | 122   | 127   |
|                   | Hip – along bottom waist band seam | 122   | 127   | 132   | 137   | 142   | 147  | 152   | 157   |
|                   | Total leg opening at hem           | 151   | 154.5 | 158   | 161.5 | 164.5 | 168  | 171.5 | 175   |
|                   | Front Rise along curve inc. WB     | 42    | 42.75 | 43.5  | 44    | 44.75 | 45.5 | 46    | 46.75 |
|                   | Back Rise along curve inc. WB      | 48    | 48.5  | 49.25 | 50    | 47.5  | 48   | 48.5  | 49    |
|                   | Side seam length inc. WB           | 45.25 | 46    | 46.5  | 47    | 47.5  | 48   | 48.5  | 49    |

| MEASUREMENTS (IN) | MEASUREMENT POINT                  | A                              | B                              | C                              | D                              | E                              | F                              | G                              | H                              |
|-------------------|------------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
|                   | Waist top edge (relaxed)           | 25 <sup>2</sup> / <sub>8</sub> | 26                             | 27 <sup>1</sup> / <sub>8</sub> | 28 <sup>3</sup> / <sub>8</sub> | 29 <sup>1</sup> / <sub>8</sub> | 30 <sup>3</sup> / <sub>8</sub> | 32 <sup>2</sup> / <sub>8</sub> | 34 <sup>2</sup> / <sub>8</sub> |
|                   | Hip – along bottom waist band seam | 36 <sup>2</sup> / <sub>8</sub> | 37 <sup>3</sup> / <sub>8</sub> | 38 <sup>5</sup> / <sub>8</sub> | 39 <sup>6</sup> / <sub>8</sub> | 40 <sup>4</sup> / <sub>8</sub> | 41 <sup>6</sup> / <sub>8</sub> | 43 <sup>6</sup> / <sub>8</sub> | 45 <sup>5</sup> / <sub>8</sub> |
|                   | Total leg opening at hem           | 47 <sup>2</sup> / <sub>8</sub> | 48 <sup>2</sup> / <sub>8</sub> | 49                             | 50                             | 50 <sup>6</sup> / <sub>8</sub> | 51 <sup>5</sup> / <sub>8</sub> | 53                             | 54 <sup>1</sup> / <sub>8</sub> |
|                   | Front Rise along curve inc. WB     | 13 <sup>3</sup> / <sub>8</sub> | 13 <sup>4</sup> / <sub>8</sub> | 13 <sup>6</sup> / <sub>8</sub> | 14                             | 14 <sup>2</sup> / <sub>8</sub> | 14 <sup>5</sup> / <sub>8</sub> | 14 <sup>6</sup> / <sub>8</sub> | 15                             |
|                   | Back Rise along curve inc. WB      | 16                             | 16 <sup>3</sup> / <sub>8</sub> | 16 <sup>4</sup> / <sub>8</sub> | 16 <sup>7</sup> / <sub>8</sub> | 17 <sup>1</sup> / <sub>8</sub> | 17 <sup>3</sup> / <sub>8</sub> | 17 <sup>6</sup> / <sub>8</sub> | 18                             |
|                   | Side seam length inc. WB           | 16 <sup>3</sup> / <sub>8</sub> | 16 <sup>4</sup> / <sub>8</sub> | 16 <sup>6</sup> / <sub>8</sub> | 16 <sup>7</sup> / <sub>8</sub> | 17 <sup>1</sup> / <sub>8</sub> | 17 <sup>3</sup> / <sub>8</sub> | 17 <sup>4</sup> / <sub>8</sub> | 17 <sup>6</sup> / <sub>8</sub> |

| MEASUREMENTS (IN) | MEASUREMENT POINT                  | I                              | J                              | K                              | L                              | M                              | N                              | O                              | P                              |
|-------------------|------------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
|                   | Waist top edge (relaxed)           | 36 <sup>2</sup> / <sub>8</sub> | 38 <sup>2</sup> / <sub>8</sub> | 40 <sup>1</sup> / <sub>8</sub> | 42 <sup>1</sup> / <sub>8</sub> | 44 <sup>1</sup> / <sub>8</sub> | 46 <sup>1</sup> / <sub>8</sub> | 48                             | 50                             |
|                   | Hip – along bottom waist band seam | 48                             | 50                             | 52                             | 53 <sup>7</sup> / <sub>8</sub> | 55 <sup>7</sup> / <sub>8</sub> | 57 <sup>7</sup> / <sub>8</sub> | 59 <sup>7</sup> / <sub>8</sub> | 61 <sup>6</sup> / <sub>8</sub> |
|                   | Total leg opening at hem           | 59 <sup>4</sup> / <sub>8</sub> | 60 <sup>7</sup> / <sub>8</sub> | 62 <sup>2</sup> / <sub>8</sub> | 63 <sup>5</sup> / <sub>8</sub> | 64 <sup>6</sup> / <sub>8</sub> | 66 <sup>1</sup> / <sub>8</sub> | 67 <sup>4</sup> / <sub>8</sub> | 68 <sup>7</sup> / <sub>8</sub> |
|                   | Front Rise along curve inc. WB     | 16 <sup>4</sup> / <sub>8</sub> | 16 <sup>7</sup> / <sub>8</sub> | 17 <sup>1</sup> / <sub>8</sub> | 17 <sup>3</sup> / <sub>8</sub> | 17 <sup>5</sup> / <sub>8</sub> | 17 <sup>7</sup> / <sub>8</sub> | 18 <sup>1</sup> / <sub>8</sub> | 18 <sup>3</sup> / <sub>8</sub> |
|                   | Back Rise along curve inc. WB      | 18 <sup>7</sup> / <sub>8</sub> | 19 <sup>1</sup> / <sub>8</sub> | 19 <sup>3</sup> / <sub>8</sub> | 19 <sup>5</sup> / <sub>8</sub> | 20                             | 20 <sup>2</sup> / <sub>8</sub> | 20 <sup>4</sup> / <sub>8</sub> | 20 <sup>6</sup> / <sub>8</sub> |
|                   | Side seam length inc. WB           | 17 <sup>7</sup> / <sub>8</sub> | 18 <sup>1</sup> / <sub>8</sub> | 18 <sup>2</sup> / <sub>8</sub> | 18 <sup>4</sup> / <sub>8</sub> | 18 <sup>6</sup> / <sub>8</sub> | 18 <sup>7</sup> / <sub>8</sub> | 19 <sup>1</sup> / <sub>8</sub> | 19 <sup>2</sup> / <sub>8</sub> |

# GETTING READY

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Once you have decided which size you will make, check if you are happy with the overall length as shown on the chart.

Cut out the paper pieces, following the line of your chosen size. If you need to do any pattern adjustments do these now.

Once you have all your paper pieces cut out, following the suggested lay plan, arrange the paper patterns on the wrong side of your fabric. Unless otherwise specified all pattern pieces should be cut in pairs/ mirrored which is why it's easier with the fabric folded in half. If you are working on a single layer of fabric, ensure you mirror the pieces when cutting pattern pieces which should be a pair.

Line up the pattern pieces along the grain of the fabric.

The grain arrows should run parallel to the fabric selvedge.

This (the selvedge) is the tightly woven band which runs along the long edges of your fabric. If you are using a fabric with texture, pattern or sheen, ensure all the pattern pieces are facing in one direction.

Pin the paper pieces in place and cut out your fabric pieces, ensuring you mark all notches with either a cut or a mark.

Don't forget to cut a piece of iron on fusing for the front panel of your front waistband. The step-by-step instructions will guide you on attaching this.

When sewing or cutting carry out all the instructions with the wrong side of the fabric facing up, unless otherwise advised.

Repeat all sewing instructions on both the left and the right hand sides of the garment.

Unless the instructions specify, always start and finish your stitching with a back stitch. This will keep the seams from unravelling.

The seam allowances throughout this pattern are 1.5cm / 5/8" unless otherwise advised.

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## ONLINE RESOURCES

If you prefer watching or listening to a sewing tutorial, you can find a handy video tutorial here:

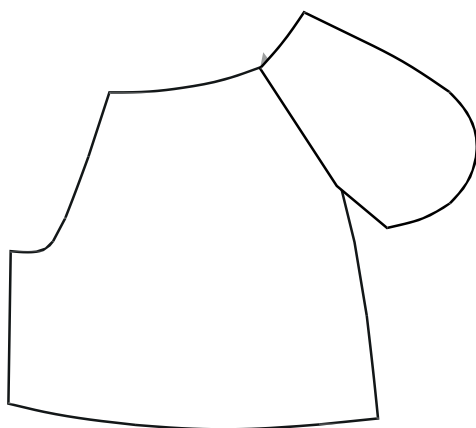
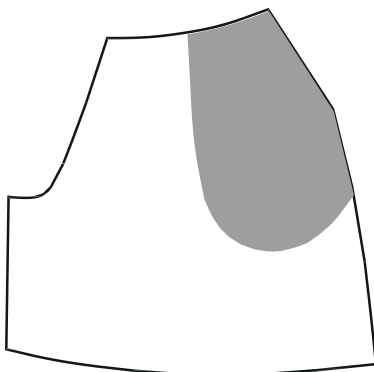
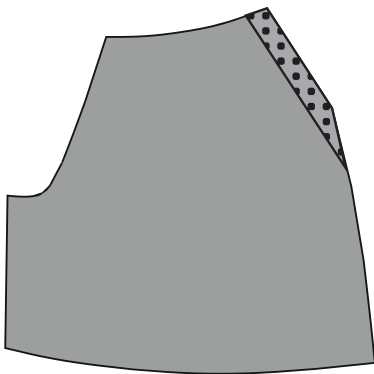
**Make With Mandi on YouTube**

# SEWING INSTRUCTIONS

*In the following instructions the drawings are colour coded to show which face of the fabric is up.*



G)



„ First let's construct the pockets

- Take front leg panel (A). With wrong side of fabric facing up, measure the diagonal pocket opening and cut a piece of iron on fusing the same length as the diagonal and 2.5cm / 1" wide. Iron this onto the wrong side of your fabric to provide stability to your pocket opening.

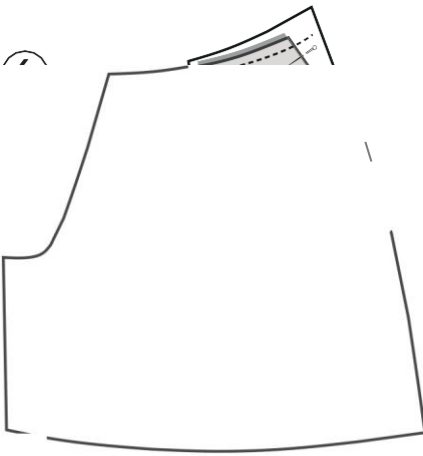
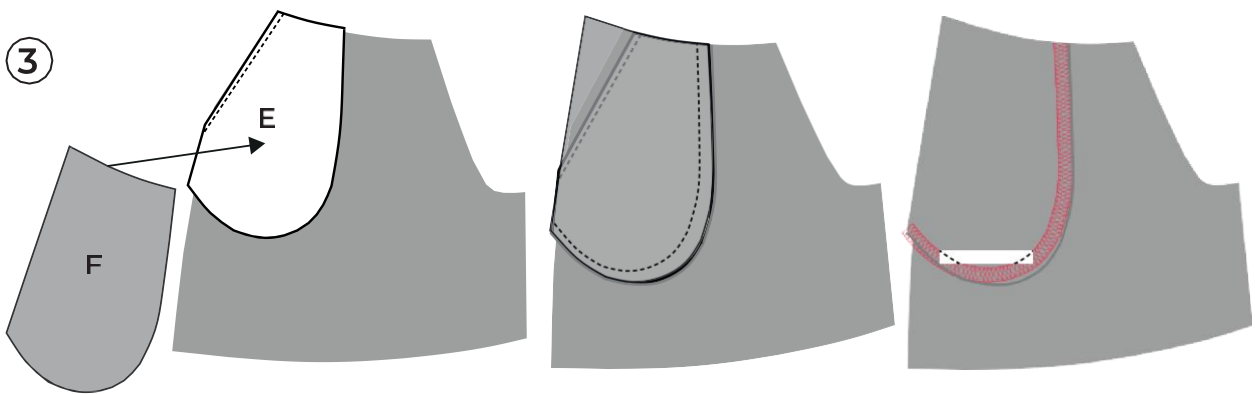
- Lineup pattern piece E along the diagonal edge of the front leg panel (A) with right sides of the fabric facing each other.

- Sew down at your seam allowance along the diagonal edge

2. Edge stitching the pockets

- This will give you a nice neat finish so don't skip this step.

- With right sides facing up, push the seam allowances towards the pocket piece and stitch around 1-2mm from your seam line.

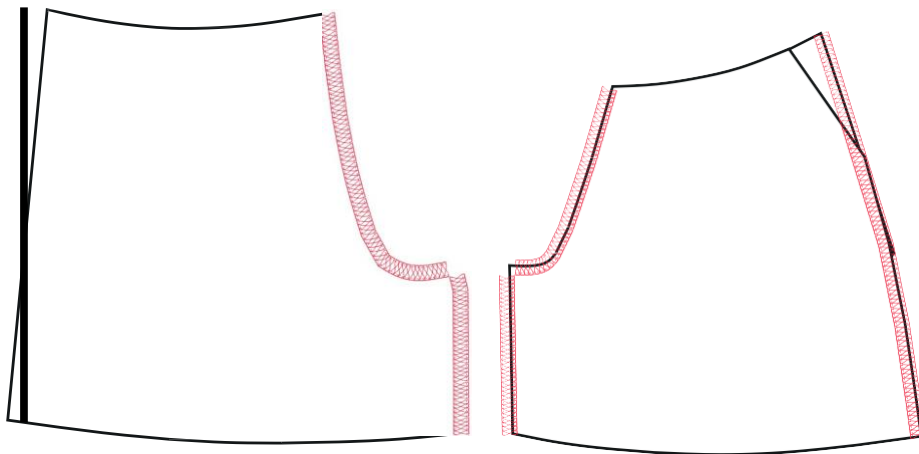


### 3. Constructing the pocket bags

- With right sides facing, place pattern piece F on top of pattern piece E and stitch around the curved edge. Do not stitch through the leg panel - the pocket bag should be loose.
- Carefully overlock this curved edge.

### 4. Basting the pocket

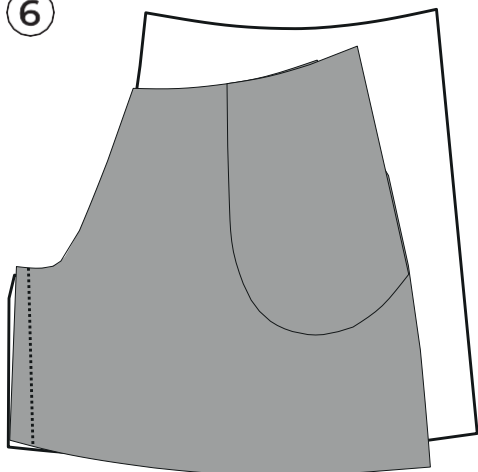
- With the right side up, pin the pocket opening closed and ensure it lays flat.
- Add a line of stitching to the top and side of the pocket bag 0.5cm / 1/4" from the raw edges to hold pocket in place. This is called a basting stitch.



### 5. Overlocking/Serging

- Overlock/zigzag stitch the rises, the side seams and the inside legs for a neat internal finish.

6

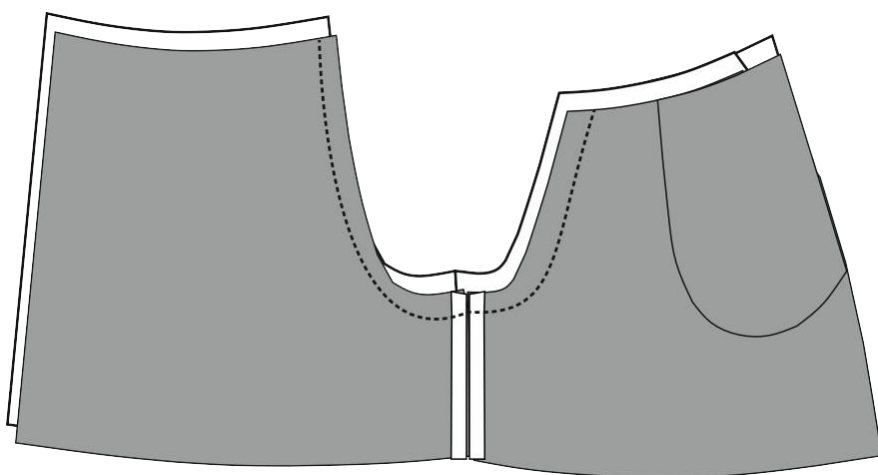


#### 6. Sew the inside legs

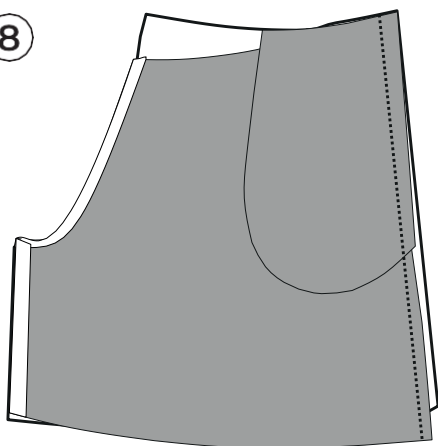
- Lay one front and back leg panel on top of each other with right sides facing each other.
- Sew the inside leg seams together.

#### 7. Stitching the rise

- With right sides of the fabric facing each other, lay the front leg panels on top of each other and the back leg panels on top of each other. Note that the back rise is marked with a double notch so you can easily identify which are the back leg panels.
- The rise will beau-shape. Sew along this curve at your seam allowance- spreading open the inside leg seams.



8



- Take a moment to give all your seams a good press. Pressing the seams open will reduce bulkiness.

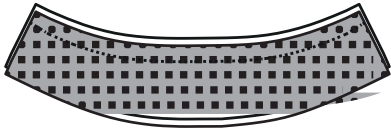
#### 8. Sew the outer leg seams closed

- With right sides of the fabric facing each other, lay one front leg panel onto its corresponding back leg panel and sew the side seams closed.
- Press open the side seams

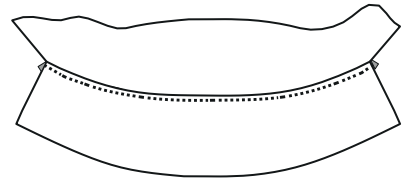
#### 9. Fusing the front waist band

- Cut a piece of iron-on fusing using pattern piece C.
- Before ironing the fusing onto your fabric, trim away the seam allowance from all four edges of the fusing - in this case 1.5cm / 5/8".
- Take one of your front waist band pieces and iron fusing onto the wrong side of the fabric. This piece will become your outer front waistband.

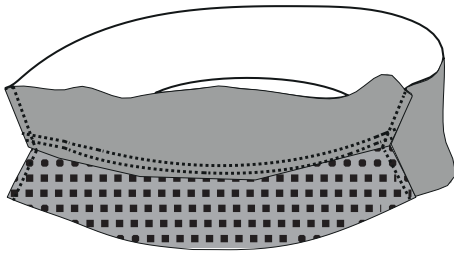
@)



**PANEL WITH,  
FUSING ON  
REVERSE**



011



#### 10. Constructing the front waistband

- Take pattern pieces C and with right sides together, sew along the top curved edge.
- With the pieces right side up, push all seam allowances away from the panel which has the iron on fusing. Edge stitch around 1-2mm away from your previous seam. This stitching will be visible on your inner waistband and not visible from the right side of your garment.

#### 11. Join the waistbands together

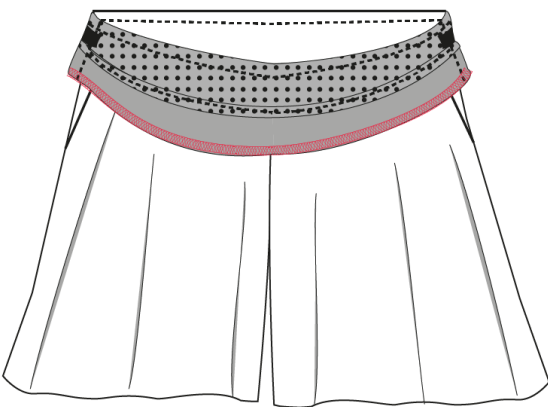
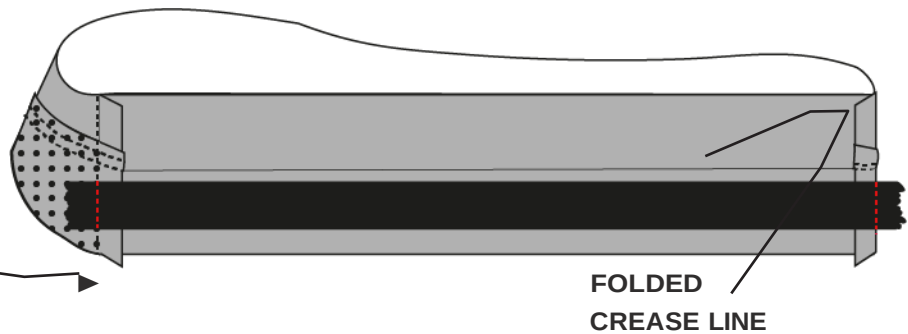
- With right sides together, join the front waistband to the back waistband at the side seams.
- Turn the circular waistband the right way round and fold in half length ways so the long raw edges meet up. Iron a crease or finger press to form the top edge of your waistband.

#### 12. Calculating your waist elastic

- Take a tape measure or a piece of elastic and wrap this around your body at your waist or where you would like the shorts to sit. Take this measurement and divide it by two. Now reduce this measurement by a third - on a calculator, do this calculation:  $\text{Total Waist} / 2 \times 0.66$  - this gives you a guide to the amount of elastic you need including the seam allowance.
- Before cutting your elastic, stretch it along the length of your back waistband pattern piece to make sure it can stretch the entire length. If it doesn't quite stretch enough, then add a bit more elastic in before cutting.

\*\*\* You can use less or more elastic to achieve a tighter or looser fit.

SEAM ALLOWANCES  
PUSHED BACK  
ONTO THE BACK  
WAISTBAND PANEL



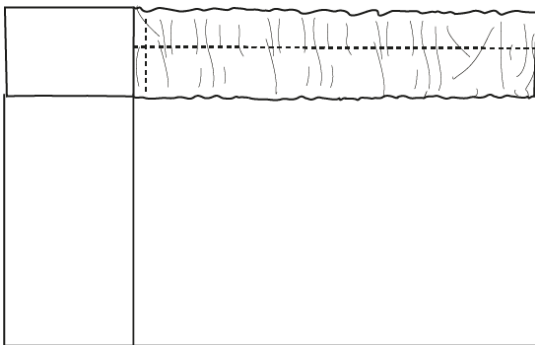
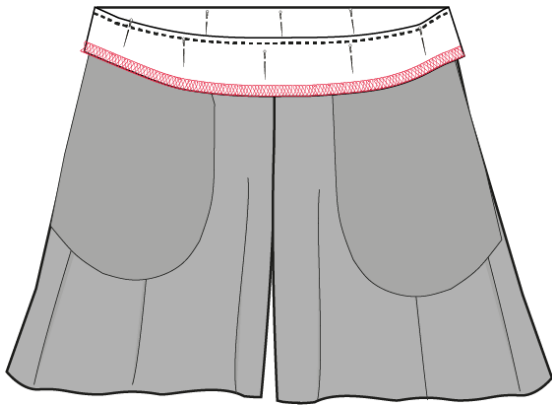
### 13. Attaching your waist elastic

- Cut your elastic at the desired length and fold in half and then half again. Mark these three points with a crayon or a pin. Repeat this action on the wrong side of your back waistband, giving you three marks.
- Position the elastic approximately 0.5cm / 1/4" down from the crease you folded in the waistband.
- Push all the waistband side seam allowances away from the front panel and onto the back waistband. Attach the elastic onto the side seam allowance with a basting stitch.
- Ensure the elastic is central in the half of the back waistband that joins the front fused waistband. Push the seam allowances to the back panel. Secure the elastic in place by attaching at the side seam.
- Repeat on the opposite side seam.

### 14. Attaching the waistband to the shorts.

- With the shorts right side out, loop the waistband around the top edge of your garment. The fused waistband panel and the waistband with the elastic attached should be lined up with the top of the garment waist edge.
- The right sides of the fabrics should be facing each other.
- Secure the circular waistband in place with pins at side seams, centre front and centre back.
- Spread open the garment seam allowances and stitch the waistband to your garment.
- Carefully overlock/zigzag stitch the remaining raw edge of the waistband.

\*\*\*To create a more premium finish you can bind this edge with a fabric of your choice or pre made bias binding.



### 15. Finishing the waistband

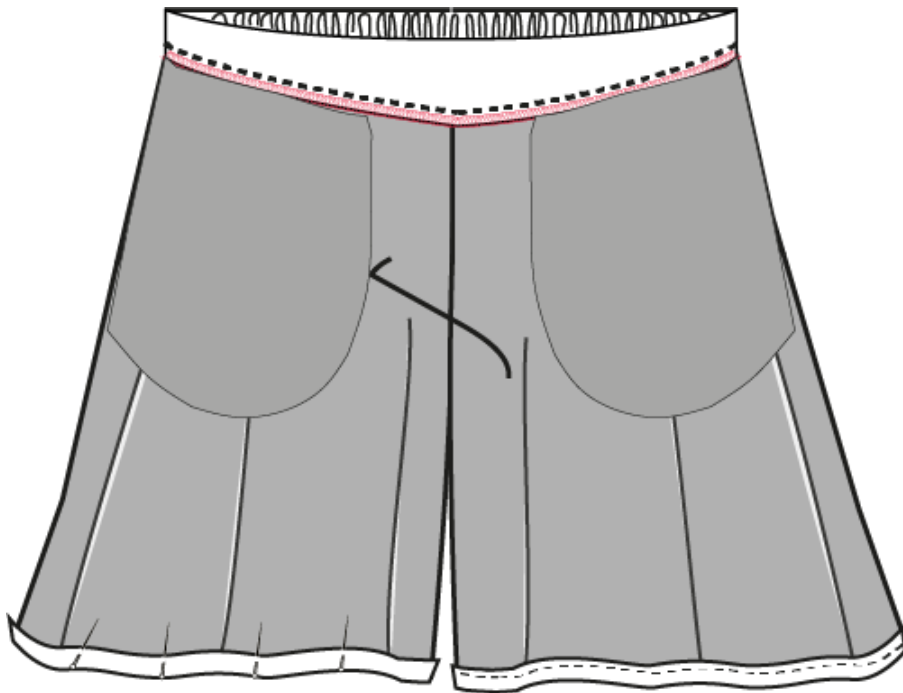
- With the wrong side of your garment facing out, use the marks you made in step 13 to evenly position the elastic across the waistband.
- Fold your waistband back along the top crease and pin in place all the way round, also securing the elastic along the back panel. Ensure both inner and outer fabrics lay flat and there are no pulls/draws in the fabric.
- Before stitching the waistband, carefully try on your garment and make sure you are happy with the amount of elastic you've used. If it feels too tight, increase the amount of elastic you are using, and if the waist feels too loose, shorten the length of elastic you are using.
- Ensure you can still get your garment on and off easily with any adjustment you make.
- Now from the right side, position your needle into the valley of your waist band attaching seam. This is called 'stitching in the ditch'.
- Carefully and neatly stitch in the ditch along the whole waist band seam- This will secure your inner waistband neatly in place.
- Take your time when you are doing this along the back waistband as you do not want to catch the elastic in your stitching and it will be a little fiddly to stretch and sew at the same time.

### 16. Creating even gathers

- To prevent uneven bunching across your back waistband, with your pins still in position from the previous step, add a single row of stitching along the centre of the waistband.
- Starting at one side seam, find the middle of the depth of your waistband. Lower your machine needle and stitch a few stitches.
- Begin pulling the elastic and fabric evenly and continue to stitch in a straight line until you get to the opposite side seam.
- To further secure the elastic, add a few stitches vertically beside each side seam.

17. Finishing the hem

- Fold the hem up once 1cm and then again 1cm
- Pin in place all the way along and press. Neatly stitch around 2mm away from the top edge.
- Give your garment a final press and then you are ready to twirl around in your latest creation.



Created in collaboration with London-based patternmaker Mandi Bharij from MAKE WITH MANDI. Find out more (and to check out Mandi's other patterns!) head to: **[makewithmandi.com](http://makewithmandi.com)**

# Peppermint

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